

Gaumukh Tapovan Trek

(Dehradun to Dehradun)

(Gangotri to Gangotri)





Region :- Uttarakhand

Duration :- 8 Days

Grade :- Moderate

Max Altitude :- 4,335 meters

Approx Trekking Km :- N/A





The Gaumukh glacier is the source of Bhagirathi and is held in high esteem by the devout who do not miss the opportunity to have a holy dip in the bone chilling icy water. Gaumukh is where the water of Ganga trickles down from the glaciers. The sages called it 'Gaumukh', because in the distant past, it probably appeared like a cow's mouth. **Tapovan** is an ideal location for travelers looking for peace and adventure. Tapovan is located at an altitude of 4,463 m / 14,640 ft above sea level. Tapovan is known for its beautiful meadows that encircle the base camp of the **Shivling** peak. It is full of bubbling streams, wildflowers and campsites. Herds of Bharal (blue mountain goats) is a common sight from here on mountain ridges. On the far side of the glacier the **Bhagirathi** I, II, III (6,454 m) provide an equally impressive backdrop. This area is a climber's paradise.

Itinerary



Day1:- Dehradun to Gangnani/Gangotri drive

From Dehradun we drive to Gangnani via Uttarkashi. Gangnani is known for the natural hot water spring baths it has. We can also drive till Gangotri on this day itself. We stay at a guesthouse overnight.

Day2:- Gangotri (3,048 m) to Chirbasa (3,600 m)

On this day, we start our trek from Gangotri to Chirbasa (3,650 m). From Gangotri we move along the beaten trail towards Chirbasa, which is on tree line. The entire trek today is along the roaring Bhagirathi River.



Day3:- Chirbasa to Bhojbasa (3,800 m)

Beyond Chirbasa the terrain becomes really desolate and barren. In fact, it has been referred to as Arctic Tundra by many trekkers. From Chirbasa we trek further to Bhojwassa, the entire trail passes through dense forest. In Bhojbasa there is a small temple and a potential campsite near the river. In afternoon we are free to explore the area and to enjoy excellent sunset on Bhagirathi group of peaks.

Day4:-Bhojbasa to Gaumukh (3,900 m) to Tapovan (4,335 m)

Early in the morning enjoy the panoramic view of Bhagirathi group of peaks. After breakfast we trek to Gaumukh (3,890 m), the source of the Ganges. We explore the area and trek to Tapovan, one of the finest high altitude alpine meadows in the area.



Day5:- Tapovan (4,463 m) rest day

This day is free for us to acclimatize, relax and enjoy the magnificent snow-capped peaks, flora, fauna, and mountain landscape. This land is frequented by some of the greatest contemporary mountaineers. The Shivling peak stands tall in front of us. Behind Shivling, towards the right is Meru.

Day6:- Early in the morning we enjoy the sunrise on high peaks. After breakfast we trek down to Bhojbasa.

Day7:- We trek to Gangotri in the morning. Dinner and overnight stay at a guesthouse.

Day8:- Gangotri to Dehradun drive

Early morning after breakfast, we drive back to Dehradun and arrive by evening.

Inclusions



- 1. Transport: Dehradun to Sankri and return.
- **2.** Meals while on trek (veg. + Egg).
- 3. All necessary entry fees and permits.
- 4. Accommodation:- guest house, home stay, camping during trek.
- 5. Mountaineering qualified & professional trek leader, guide, cook and support staff.
- 6. First aid medical kits, stretcher and oxygen cylinder.
- 7. Trek equipments: sleeping bag, mattress, tent (twin sharing), kitchen & dinning tent, toilet tent, utensils and crampon (if required).
- 8. DGH staff insurance.
- 9. Porters/mules to carry central equipment.

Exclusions



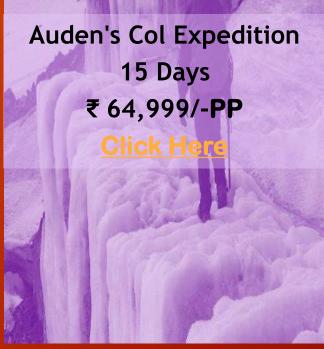
- **1.** Any kind of personal expenses.
- **2.** Food during the transit.
- **3.** Mules or porter to carry personal luggage.
- **4.** Insurance.

5. Any kind of emergency evacuation charges 6. Anything not specifically mentioned under the

Our Other Trips







Contact us



Contact information

Our address:- Tapovan, Rishikesh near Laxman jhula, Rishikesh, Uttarakhand , India.

Email id:- info@dreamgohimalayas.Com

Mobile no:- +91 94583 43519, +917830680393

Our website:- http://dreamgohimalayas.in/

Facebook:https://www.facebook.com/pg/dreamgohima layas

Instagram:https://instagram.com/dreamgohimalayas

Our bank details

Name:- Vijaypal Rana

Bank Name:- State Bank Of India, Purola (Uttarkashi)

A/C Number:- 35110907173 IFSC Code:- SBIN0003293





